



Vegan Resources

My favorite Recipe Blogs

Sweetpotatosoul.com (my blog!)

Mynewroots.blogspot.com

Lunchboxbunch.com

Blissfulchef.com

Awesome Vegan Websites for News, Recipes and Inspiration

leatgrass.com

OneGreenPlanet.org

GirlieGirlArmy.com

Vegnews.com

meatlessmonday.com

Vegan Restaurant Guide

Happycow.net

Kitchen Inspiration

FindingVegan.com

FoodGawker.com

Tastepotting.com

Cookbooks

The Artful Vegan by Eric Tucker

Soulful Vegan by Bryant Terry

The inspired Vegan by Bryant Terry

Super Natural Everyday by Heidi Swanson (vegetarian)

Veganomicon by Isa Chandra Moskowitz and Terry Hope Romero

Vegan Brunch by Isa Chandra Moskowitz

The Joy of Vegan Baking by Colleen Patrick-Goudreau

The Happy Herbivore by Lindsay Nixon

Chloe's Kitchen by Chloe Coscarelli

Raw Food Real World by Sarma Melngailis and Matthew Kenney

Books

The China Study by T. Colin Cambell

Eat to Live by Joel Fuhrman, MD

Thrive: The Vegan Nutrition Guide by Brendan Brazier

Diet for a New America by John Robbins

21-day Weight Loss Kickstart by Neal Barnard, MD

The Kind Diet by Alicia Silverstone

Veganist by Kathy Freston

Main Street Vegan by Victoria Moran